

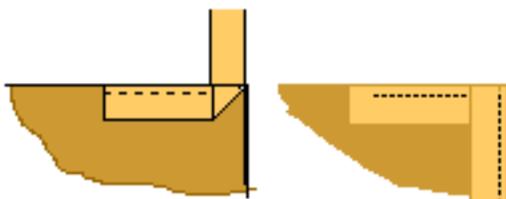
## Single Fold Binding

I like a single fold binding on all my quilts. A double thickness binding is too heavy for most small quilts and can contribute to a wavy edge.

1. Cut strip(s) 1 1/8" wide cross grain of the fabric (from selvage to selvage), enough to go around the edge of your quilt.
2. Seam short ends together using a diagonal seam, to make one long piece. Press seam(s) open.



Attach binding using mitered corners -



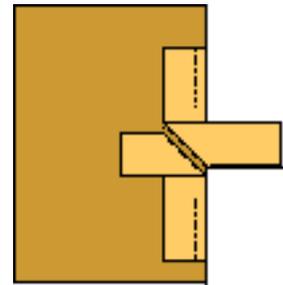
Step 1

Step 2

3. Right sides together, align a raw edge of the binding with the raw edge of the quilt. Sew using a 1/4" seam allowance, leaving about 5" of binding free at the beginning.
4. To Miter the corner, stop 1/4" from the edge of the quilt, backstitch, rotate the quilt one quarter turn.
5. Fold the binding up at a 45-degree angle. Next fold the binding back down over the first fold, creating a 90-degree corner, even with the top raw edge of the quilt, and aligned with the raw side of the quilt.
6. Begin with a backstitch to secure the end, sew using a 1/4" seam allowance to the next corner. Repeat these steps at each corner.
7. Stop sewing about 5" or 6" from the start.

8. I recommend using a walking foot or engage the dual feed mechanism to attach binding, so the edges won't stretch.

9. Fold the bottom binding strip toward the center of the quilt at a 45-degree angle. Next fold the top binding strip toward the edge of the quilt at a 45-degree angle, leaving about an 1/8" gap between the folds. Press.



10. Pin the folds together, sew in the crease, backstitch at both ends of the seam.

11. Trim excess binding strips, leaving the 1/4" seam allowance.

Press the seam open.

Finish sewing the binding in place.

By leaving the 1/8" gap in joining the ends of the binding, it will lay nice and flat.

12. Trim away excess batting and backing after sewing on binding. Fold binding to back, turn under 1/4" and pin in place, miter corners when turning.
13. Blind stitch binding down on back, use close small stitches, be careful to conceal the first stitching but not going through to the front of the quilt. Recommend 3 to 4 extra stitches on the folds of the mitered corners to hold them in place.

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